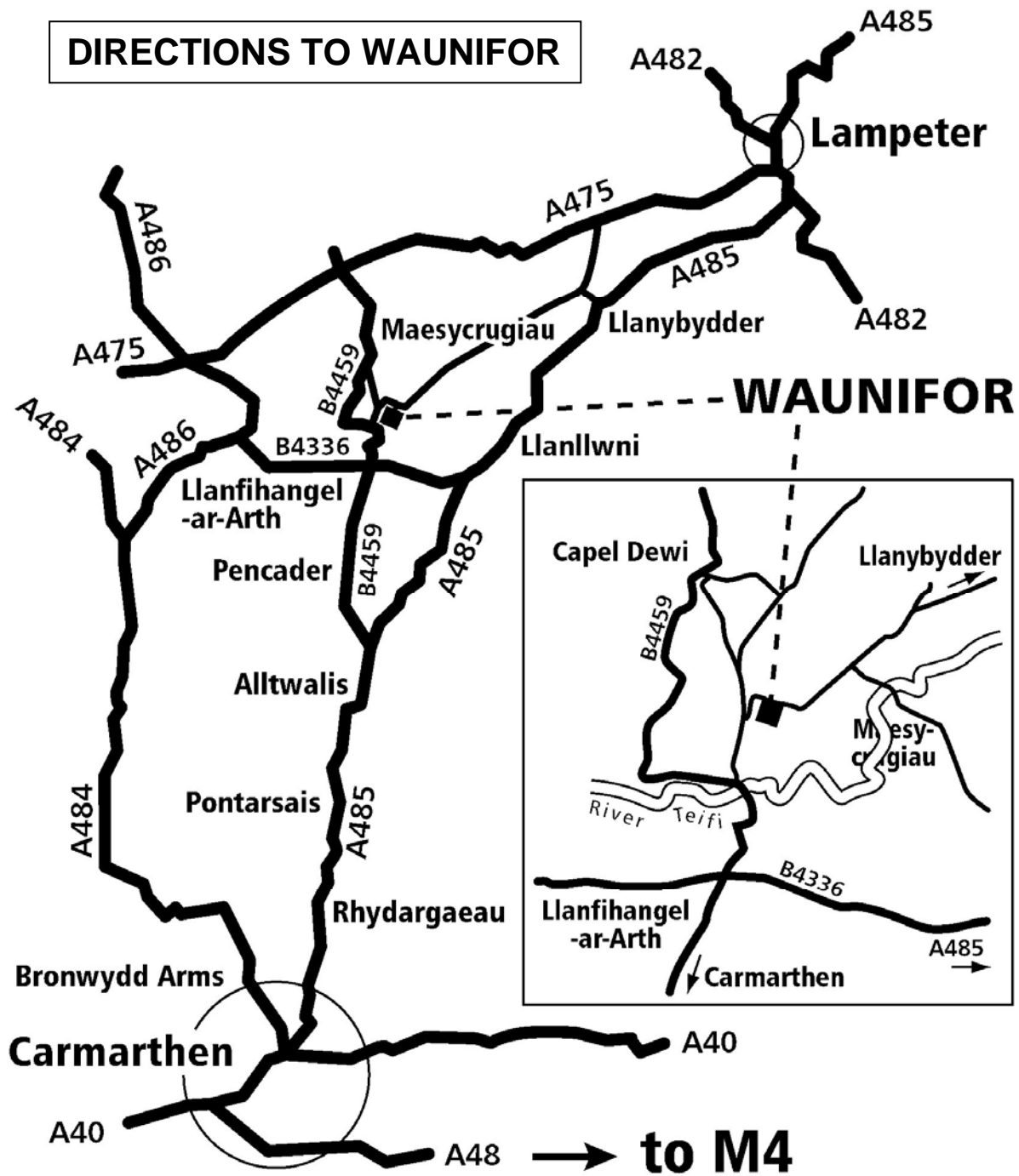


DIRECTIONS TO WAUNIFOR



From London or Cardiff: Drive to the end of the M4 then follow the A48 to Carmarthen. There is a Carmarthen by-pass so as you approach Carmarthen (going downhill) you will come to a roundabout. Take the 3rd exit marked Town Centre. At the next roundabout go straight over (do not go into the town centre). Proceed on to the next roundabout and turn left to Lampeter. At the next roundabout turn right for Lampeter (A485). Keep on this road for approximately 15 kilometres. After driving through the village of Alltwalis, look out for the Texaco garage on your right and immediately after this turn left for Pencader (B4459). Drive through Pencader and on to Llanfihangel-Ar-Arth. When you reach the cross roads (the Cross Inn pub is on your left) go straight over, down the hill, through the village and across the river bridge. Then take the first turning on the right about 30 metres from the bridge (marked Waunifor). Keep on this road for about half a kilometre and eventually it will make a sharp right hand bend. A short distance down on the right you will see the Waunifor entrance. If you get lost, ring us on 01559 395437.